**Athletic Code**

I. General Information

1) The following must be on file in the athletic office prior to an athlete's participation in a practice or event:

a) Athletic Code (signed and returned)

b) Uni High Athletic Participation Agreement Form (signed and returned)

c) Protocol Return to Play (signed and returned)

d) IHSA/IESA Physical Form

2) To be eligible to participate in Uni High athletic events, a student-athlete must meet the following academic requirements:

a) The athletic director conducts weekly academic grade checks on Wednesday evenings. If a student-athlete is earning either two (2) Ds or one (1) F for their cumulative semester grade in any class at the time of the grade check, they will be academically ineligible to wear a uniform and participate in all athletic events for one week. The week of ineligibility is defined as the following Thursday to Wednesday. If a student-athlete becomes academically ineligible, the athletic director will contact the student, parents, and coaches as soon as possible. Academically ineligible student-athletes are still allowed to attend and participate in team practices during the week of ineligibility.

b) Any student-athlete that is academically ineligible for four weeks during a specific sport season will be dismissed from the team.

3) Petitioning out of physical education from the first day of practice until the final day of competition may occur when the student-athlete

a) Students representing Uni High in an IHSA/IESA sanctioned sports can be excused out of P.E. into study hall.

b) Students in athletics can choose to stay in P.E if they wish, but it must be P.E. OR study hall. Students cannot be in both for the same class period.

c) Two unexcused absences in study hall and you will be placed back in P.E.

4) School Attendance

a) When a student-athlete is absent from school, excused or unexcused, for more than half of the day, they will not be allowed to participate in any sport activity the same day (This includes mental health days). Any student participating in an event when not in attendance for classes that day will be prohibited from participating in the next scheduled event. Senior Skip days do NOT excluded athletes from this.

b) Any athlete who earns an unexcused absence from any class will be ineligible to compete in the next game or competition. More than three unexcused absences combined for all classes and the athlete will be dismissed from the team.

5) Equipment

a) All athletes are responsible for the proper care and security of all athletic department equipment issued to them.

b) Athletic department furnished equipment is to be worn only for athletic contests.

c) All equipment not returned will be subject to a financial penalty.

d) All equipment not returned on time may be subject to a late fee.

6) Dropping or transferring sports: An athlete may find it necessary to drop a sport. If this is the case, the following procedure must be followed:

a) Communicate your intentions face-to-face with your coach.

b) Report your situation to the athletic director.

c) Return all Uni High athletic department equipment to the athletic director.

d) Return to physical education class the day after your last practice/event.

e) Attending ONE practice eliminates the opportunity of any athletic refund.

II. Rules and Regulations

1) Travel: All athletes must travel to and from athletic contests and practices in transportation provided by the athletic department unless previous arrangements are made and communicated with the coaching staff and athletic director.

a) All athletes will remain with their team and under supervision of the coach.

b) All regular school bus rules will be followed.

c) Dress appropriately and in good taste on contest days.

2) Missing practices: Athletes must consult with their coach **BEFORE** missing practice.

a) first unexcused absence = ineligible for next game or meet

b) second unexcused absence = ineligible for next two games or meets

c) third unexcused absence= dismissed from team, no exceptions

-Informing the coach after practice why you missed is an unexcused absence, unless emergency.

-Athletes will still travel to competition to support their team when ineligible.

D) Missing more than one practice per week, excused or unexcused, takes that individual away from the team building process. The coach can play that individual in competition as much or as little as they seem fair when an athlete has missed more than one practice a week.

-Missing a combined 10 practices for any reason, excused or unexcused, and the coach and/or AD can dismiss the athlete from the team. This includes missing practice due to injury.

3) Individual team rules: All teams will have a list of team rules and regulations. These rules and regulations have been approved by the athletic director and may be more stringent than the Athletic Code.

4) The Drug and Alcohol Policy is included in the Uni High Student Handbook on pages 25 and 40.

lll. Social Media

Any Social Media account representing Uni High or with the Uni High name represents our school and is subject to punishment if any of the following are found:

* Comments that are racist, sexist, abusive, profane, violent, obscene, vulgar, spam, contain falsehoods or are wildly off-topic
* Comments that libel, incite, threaten or make ad hominem attacks on students, employees, guests or other individuals
* Personal attacks and name calling
* Impersonating another individual in posts or comments
* Complaints of any nature that identify individuals
* Comments of a disrespectful, harassing or bullying nature

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Student’s Name

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Student’s Signature Date

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Signature of Parent/Guardian Date